

PSYCHOLOGICAL FIRST AID FOR SCHOOLS TRAINING



Participants will be trained in Psychological First Aid for Schools. (PFA-S) is an evidence informed approach to help children, adolescents, adults, and families in the immediate aftermath of a traumatic incident. PFA-S is designed to reduce the initial distress caused by traumatic events and to foster short and long-term adaptive functioning and coping. PFA-S was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. One day training.

Audience:

All school staff members regardless of whether he/she has had mental health training, first responders, mental health professionals, religious professionals, disaster volunteers, health and public health officials.



PRESENTER
DARLENE CASTILLO

March 03, 2026 WORKSHOP #376214
8:30 am - 3:30 pm



PRESENTER
SANDRA RAMIREZ

REGION ONE EDUCATION SERVICE CENTER
1900 W. SCHUNIOR EDINBURG, TX 78541
RIO GRANDE ROOM
REGISTRATION FEE: \$100.00 FOR FULL DAY SESSION

6.0 CEUs

FOR MORE INFORMATION CONTACT:
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REGISTER NOW 
www.esc1.net/staffdevelopment